



<u>Week Two</u>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat Option</b>	<b>Mixed Meat Special Fried Rice</b> with Teriyaki Sauce, Bok Choi, Carrots, Peppers and Peas	<b>Sausages</b> with Crushed Potatoes, Cauliflower, Red Cabbage & Gravy	<b>Penne Ragu</b> with Garlic Bread	<b>Chicken Green Curry</b> with Mushroom Rice and Onion Bhaji	<b>BBQ Sticky Ribs</b> with Texas Beans & Sauté Potatoes
<b>Vegetarian Option</b>	<b>Special Egg Fried Rice</b> with Teriyaki Sauce, Bok Choi, Carrots, Peppers and Peas	<b>Quinoa Croquette</b> with Crushed Potatoes, Cauliflower, Red Cabbage & Gravy	<b>Mediterranean Penne Pasta</b> with Garlic Bread	<b>Butternut &amp; Carrot Curry</b> with Mushroom Rice and Onion Bhaji	<b>BBQ Veg Burger</b> with Texas Beans & Sauté Potatoes
<b>Gluten Free Option</b>	<b>Mixed Meat Special Fried Rice</b> with Teriyaki Sauce, Bok Choi, Carrots, Peppers and Peas	<b>Sausages</b> with Crushed Potatoes, Cauliflower, Red Cabbage & Gravy	<b>Penne Ragu</b> with Garlic Bread	<b>Chicken Green Curry</b> with Mushroom Rice and Onion Bhaji	<b>BBQ Sticky Ribs</b> with Texas Beans & Sauté Potatoes
<b>Dairy Free Option</b>	<b>Mixed Meat Special Fried Rice</b> with Teriyaki Sauce, Bok Choi, Carrots, Peppers and Peas	<b>Sausages</b> with Crushed Potatoes, Cauliflower, Red Cabbage & Gravy	<b>Penne Ragu</b> with Garlic Bread	<b>Chicken Green Curry</b> with Mushroom Rice and Onion Bhaji	<b>BBQ Sticky Ribs</b> with Texas Beans & Sauté Potatoes
<b>Dessert</b>	<b>Apple Crumble</b>	<b>Apricot Flapjack</b>	<b>Berry Greek Yoghurt</b>	<b>Lemon Drizzle Cake</b>	<b>Ice Cream Lolly</b>





**Available  
Everyday**

## **Salad Bar**

- Iceberg Lettuce
- Oak Leaf Lettuce
- Lambs Leaf
- Rocket
- Gerkins
- Houmous
- Sun Dried Tomatoes
- Pickled Silver Skin Onions
- Coleslaw
- Sliced Peppers
- **Jacket Potatoes**
- **Wraps**
- **Baguette**
- **Sliced Bread**
- Sweetcorn
- Cucumber Sticks
- Croutons
- Black Olives
- Jalapenos
- Celery Sticks
- Cheddar Cheese Slices
- Seasoned Pasta
- Sliced Tomatoes

**ALL MEALS ARE NUT FREE**