Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option	<b>Full English</b> with Toast	<b>Beef &amp; Ale Pie</b> with New Potatoes & Peas	Chicken, Ham, Leek & Parsnip Gratin with Gravy	Mac & Cheese Leafy Greens	Fish and Chips Mushy Peas / Beans
Vegetarian Option	Full Vegetarian with Toast	Roasted Glazed Cauliflower with Roast Potatoes & Peas	Beetroot & Sweet Potato Gratin with Gravy	<b>Mac &amp; Cheese</b> Leafy Greens	Veg Burger & Chips Mushy Peas / Beans
Gluten Free Option	<b>Full English</b> with Toast	<b>Beef &amp; Ale Pie</b> with New Potatoes & Peas	Chicken, Ham, Leek & Parsnip Gratin with Gravy	<b>Mac &amp; Cheese</b> Leafy Greens	Fish and Chips Mushy Peas / Beans
Dairy Free Option	<b>Full English</b> with Toast	Beef & Ale Pie with New Potatoes & Peas	Chicken, Ham, Leek & Parsnip Gratin with Gravy	Mac & Cheese Leafy Greens	<b>Fish and Chips</b> Mushy Peas / Beans
Dessert	Fruit Salad	Sticky Toffee Date & Prune Cake	Plum Crumble	Brownie & Ice Cream	Lemon & Lime Cheesecake
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## **Available Everyday**

## Salad Bar

- Iceberg Lettuce
- Oak Leaf Lettuce
- Lambs Leaf
- Rocket
- Gerkins
- Houmous
- Sun Dried Tomatoes
- Pickled Silver Skin Onions
- Coleslaw
- Sliced Peppers
- Jacket Potatoes
- Wraps
- Baguette
- Sliced Bread

- Sweetcorn
- Cucumber Sticks
- Croutons
- Black Olives
- Jalapenos
- Celery Sticks
- Cheddar Cheese Slices
- Seasoned Pasta
- Sliced Tomatoes

**ALL MEALS ARE NUT FREE**